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for

# DUA CARD HAJJ & UMRAH



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## When leaving the house

بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ،  
وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

“In the name of Allah, I rely entirely on Allah, there is no strength and power except through Allah. »

## By taking a seat on the means of transport

بِسْمِ اللَّهِ، الْحَمْدُ لِلَّهِ {سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا  
وَمَا كُنَّا لَهُ مُقْرِنِينَ} وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ  
الْحَمْدُ لِلَّهِ، الْحَمْدُ لِلَّهِ، الْحَمْدُ لِلَّهِ، اللَّهُ أَكْبَرُ، اللَّهُ  
أَكْبَرُ، اللَّهُ أَكْبَرُ، سُبْحَانَكَ اللَّهُمَّ إِنِّي ظَلَمْتُ  
نَفْسِي، فَاعْفُ زِلِي، فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

In the name of Allah. Praise is to Allah. Glory and purity to Him who assigned this to our service when we were not able to control it. And certainly, it is to our Lord that we will return. Praise be to Allah (3 times). Allah is the All-Great (3 times). Glory and purity to You, O Lord! I was really unfair to myself. So grant me Your forgiveness because it is only You who can absolve sins

## Dua of the travel

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، {سُبْحَانَ الَّذِي  
 سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ} وَإِنَّا إِلَى رَبِّنَا  
 لَمُنْقَلِبُونَ}. اللَّهُمَّ إِنَّا نَسْأَلُكَ فِي سَفَرِنَا هَذَا  
 الْبِرَّ وَالتَّقْوَى، وَهِنَ الْعَمَلِ مَا تَرْضَى، اللَّهُمَّ هَوِّنْ  
 عَلَيْنَا سَفَرَنَا هَذَا وَاطْوِ عَنَّا بُعْدَهُ، اللَّهُمَّ أَنْتَ  
 الصَّاحِبُ فِي السَّفَرِ، وَالْخَلِيفَةُ فِي الْأَهْلِ، اللَّهُمَّ  
 إِنِّي أَعُوذُ بِكَ مِنْ وَعْثَاءِ السَّفَرِ، وَكَآبَةِ الْمَنْظَرِ،  
 وَسُوءِ الْمُنْقَلَبِ فِي الْمَالِ وَالْأَهْلِ

Allah is the All-Great (3 times). Glory and purity to Him who assigned this to our service when we were not able to control it. O Lord! Grant us, on this journey, piety and fear, and allow us to act with Your pleasure. O Lord! Lighten the weight of this journey and shorten the distance for us. O Lord! You are the One who accompanies us on the journey and who succeeds our absence in our families. O Lord! I take refuge with You from the sorrows of the journey, an appearance which would express sadness and sorrow, and from an unhappy return to my goods and mine.

## When entering a new city

اَللّٰهُمَّ رَبَّ السَّمٰوٰتِ السَّبْعِ وَمَا اُظْلِنَ، وَرَبَّ  
الْاَرْضَيْنِ السَّبْعِ وَمَا اُقْلِنَ، وَرَبَّ الشَّيَاطِينِ وَمَا  
اُضْلِنَ، وَرَبَّ الرِّيَّاحِ وَمَا ذَرِيْنِ، اَسْأَلُكَ خَيْرَ هَذِهِ  
الْقَرْيَةِ وَخَيْرَ اَهْلِهَا، وَخَيْرَ مَا فِيْهَا، وَاَعُوْذُ بِكَ  
مِنْ شَرِّهَا وَشَرِّ اَهْلِهَا، وَشَرِّ مَا فِيْهَا

O Lord! You who are the Master of the seven heavens and of what they shelter! You who are the Lord of the seven lands and of what they carry within them! You who are the Master of demons and of those they have led astray! Lord of the winds and of what they scatter, I implore You to grant me the good of this city and its inhabitants as well as the good that is found there. And I take refuge with You from the evil of this city, of its inhabitants, and from the evil that is there.





## On the way to the mosque

اللَّهُمَّ اجْعَلْ فِي قَلْبِي نُورًا ، وَفِي لِسَانِي نُورًا ، وَفِي  
 سَمْعِي نُورًا ، وَفِي بَصَرِي نُورًا ، وَهِنَ فَوْقِي نُورًا ، وَهِنَ  
 تَحْتِي نُورًا ، وَهِنَ يَمِينِي نُورًا ، وَهِنَ شِمَالِي نُورًا ، وَهِنَ  
 أَمَامِي نُورًا ، وَهِنَ خَلْفِي نُورًا ، وَاجْعَلْ فِي نَفْسِي نُورًا ،  
 وَأَعْظِمْ لِي نُورًا ، وَعَظِّمْ لِي نُورًا ، وَاجْعَلْ لِي نُورًا ،  
 وَاجْعَلْنِي نُورًا ، اللَّهُمَّ أَعْطِنِي نُورًا ، وَاجْعَلْ فِي عَصْبِي  
 نُورًا ، وَفِي لَحْمِي نُورًا ، وَفِي دَهْمِي نُورًا وَفِي شَعْرِي نُورًا ،  
 وَفِي بَشْرِي نُورًا (اللَّهُمَّ اجْعَلْ لِي نُورًا فِي قَبْرِي وَ نُورًا  
 فِي عِظَامِي) (وَزِدْنِي نُورًا ، وَزِدْنِي نُورًا ، وَزِدْنِي نُورًا  
 وَهَبْ لِي نُورًا عَلَى نُور

O Lord! Put light in my heart, light in my tongue, light in my hearing, light in my sight, light above me, light below me, at my right hand light, to my left light, in front of me light, behind me light and put light into my soul, intensify this light for me, enlarge this light for me, give me light, make me a light. Lord ! Give me light, put light in my nerves, light in my flesh, light in my blood, light in my hair and light in my skin. Put light in my grave, increase my light, increase my light, increase my light, Grant me light upon light



## Entering the mosque

أَعُوذُ بِاللَّهِ الْعَظِيمِ وَبِوَجْهِهِ الْكَرِيمِ وَسُلْطَانِهِ الْقَدِيمِ  
مِنَ الشَّيْطَانِ الرَّجِيمِ، [بِسْمِ اللَّهِ، وَالصَّلَاةُ وَالسَّلَامُ  
عَلَى رَسُولِ اللَّهِ]، اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

I seek protection from Allah the Most Great, from His majestic face and His eternal kingdom, from Satan the cursed.

[In the name of Allah, may prayer and peace be upon the Messenger of Allah.] O Lord! Open to me the doors of Your mercy.

(We enter the mosque with the right foot)

## Passing the tomb of the Prophet (SAW) and companions Abou Bakr and Oumar (RA)

Peace be upon you, O Messenger  
of Allah, and Allah's mercy and  
blessings,

السَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ  
وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

Peace be upon you O Aboubakr



السَّلَامُ عَلَيْكَ يَا أَبَا بَكْرٍ

Peace be upon you O Oumar

السَّلَامُ عَلَيْكَ يَا عُمَرَ

## Leaving the mosque

بِسْمِ اللَّهِ وَ الصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ،  
اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ، اللَّهُمَّ اعْصِمْنِي  
مِنَ الشَّيْطَانِ الرَّجِيمِ

In the name of Allah, may prayer and peace be upon the Messenger of Allah. O Allah! I ask you for your immense generosity. O Allah, protect me from Satan the cursed. ))  
(We leave the mosque with our left foot)

By visiting the martyrs of Uhud,  
the Baqi cemetery as well as any other cemetery

السَّلَامُ عَلَيْكُمْ أَهْلَ الدِّيَارِ مِنَ الْمُؤْمِنِينَ  
وَالْمُسْلِمِينَ، وَإِنَّا إِن شَاءَ اللَّهُ بِكُمْ لَاحِقُونَ  
نَسْأَلُ اللَّهَ لَنَا وَلَكُمْ الْعَافِيَةَ

Peace be upon you, oh believers and Muslims who occupy these tombs! We will certainly join you, Allah willing.  
[May Allah have mercy on those of us whom He has called back to Himself and on those who will follow them.] May He grant us and you salvation.

## Arrived at Mîqàt to take the ihram of umrah

لَبَّيْكَ اللَّهُمَّ عُمْرَةً

O Lord, I rush to Your call to perform an Umrah.

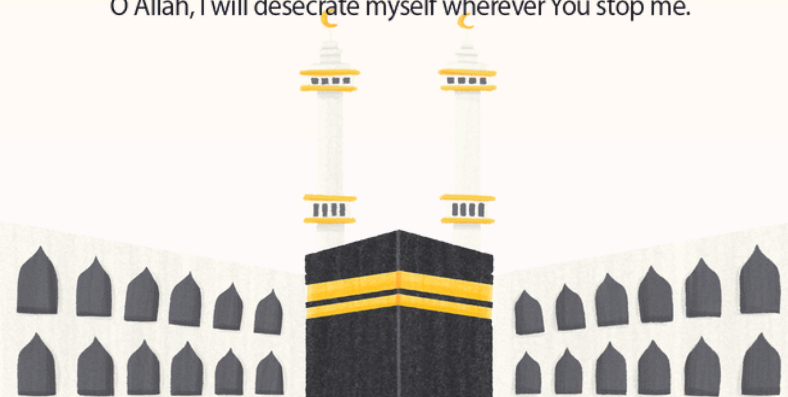
then we can add

اللَّهُمَّ عُمْرَةً لَا رِيَاءَ فِيهَا وَلَا سُمْعَةً

O Allah, may it be an Umrah without ostentation or seeking reputation.

اللَّهُمَّ مَحِلِّي حَيْثُ حَبَسْتَنِي

O Allah, I will desecrate myself wherever You stop me.



## TALBIYAH Formula

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ، إِنَّ  
الْحَمْدَ، وَالنُّعْمَةَ، لَكَ وَالْمُلْكَ، لَا شَرِيكَ لَكَ

I answer Your call O Allah I answer Your call, You have no partner, certainly all the praise, the benefit and the royalty belong to You, You have no partner

**When starting tawaf, at the level of the black stone**

بِسْمِ اللَّهِ، اللَّهُ أَكْبَرُ

I start with the Name of Allah, Allah is the Greatest

During the seven tours around the Kaaba, each time at the level

black stone it must be said **اللَّهُ أَكْبَرُ** (Allah is the greatest)

**Between the Yemeni corner and the black stone:**

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً  
وَقِنَا عَذَابَ النَّارِ

Our Lord, grant us a good share here below, a good share in the hereafter, and protect us from the punishment of the fire.

9



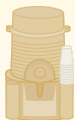
## Behind Maqam Ibrahim

وَاتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلًّى

"Adopt for your place of prayer this place where Abraham stood..."



Perform two prayer units, with Surah Al kàfirounn (S 109) in the first rakaat, and Surah Al Ikhlass (S 112) in the second rakaat after Surah Al Fàtiha



## By drinking Zamzam

Zamzam water is healing for all illness and food for all famine. It is for us according to the intention with which we drink it as emphasized by the Prophet (SAW). There is no specific invocation for drinking it. Therefore, when drinking it, everyone can intend what they want and invoke Allah for the fulfillment of their wish.

It is reported about Ibn Abbas (RA) that he made the following invocation while drinking the water of Zamzam:

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا وَرِزْقًا وَاسِعًا  
وَشِفَاءًا مِنْ كُلِّ دَاءٍ

"O Allah! I ask you for useful (and profitable) knowledge, a large portion (subsistence - "rizq") and cure from all illness"



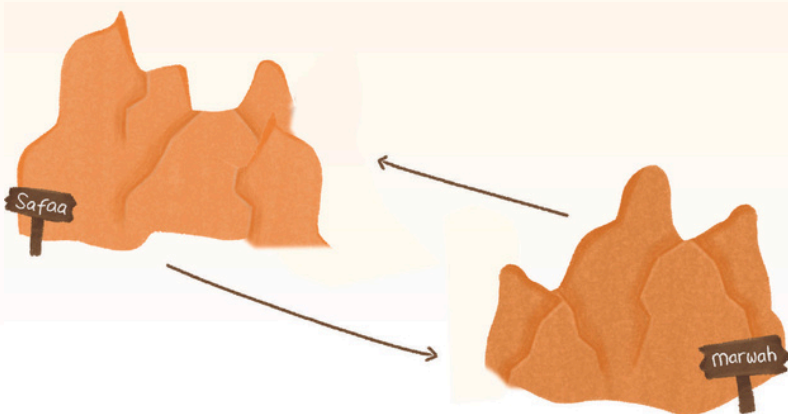
## At Mount Safa before starting the Sa'y

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ ۖ فَمَنْ حَجَّ  
الْبَيْتَ أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطَّوَّفَ بِهِمَا ۚ  
وَمَنْ تَطَوَّعَ خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ

AS-Safâ and Al-Marwah are truly among the sacred places of Allah. Therefore, whoever makes pilgrimage to the House or performs Umrah does not commit sin by going back and forth between these two mountains. And whoever does a good deed of his own free will, then Allah is Appreciative, All-Knowing.

Then we say: «أَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ»

I start with what Allah cited first



## Every time when we arrive in Safa or Marwa

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اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ؛  
لَا إِلَهَ إِلَّا اللَّهُ، وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ  
الْحَمْدُ، يُحْيِي وَيُمِيتُ، وَهُوَ عَلَى كُلِّ شَيْءٍ  
قَدِيرٌ؛ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ، أَنْجَزَ وَعْدَهُ، وَنَصَرَ  
عَبْدَهُ، وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

Allah is the Greatest, Allah is the Greatest, Allah is the Greatest. There is no deity (worthy of worship in all truth) other than Allah, Alone, without partner, His is the sovereignty and His is the praise, He gives life and death, and He is Omnipotent . There is no god other than Allah, Alone without partner. He fulfilled His promise, gave victory to His Servant and single-handedly defeated all coalitions.

*We repeat this 3 times, interspersing our own invocations. We do the same thing when we reach Marwa, as well as when we return to Safa and so on until we complete the 7 rounds.*

*After which the hair is cut or reduced to mark the end of Umrah.*



On the 8th day of Zul Hijjah  
Ihram of Hajj

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ASK

لَبَّيْكَ اللَّهُمَّ حَجًّا

I rush to Your call O Allah to perform the pilgrimage.

We can add

اللَّهُمَّ حَجَّةٌ لَا رِيَاءَ فِيهَا وَلَا سُمْعَةً

O Allah, may it be a pilgrimage without ostentation or seeking reputation

Then we start the talbiyah again which will not stop until the 10th day of zul hidjja after the stoning of the great stele:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ، إِنَّ  
الْحَمْدَ، وَالنِّعْمَةَ، لَكَ وَالْمُلْكَ، لَا شَرِيكَ لَكَ

*I answer Your call O Allah I answer Your call, You have no partner, certainly all the praise, the benefit and the royalty belong to You, You have no partner*



## The day of Arafat

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ  
الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

There is no deity (worthy of being worshiped in all truth) other than Allah, Alone, without associate, to Him belongs the sovereignty and to Him belongs. Praise Him, and He is Capable of all things.

It is also appropriate to multiply the proclamation of the greatness of Allah, His oneness and His praise from the entry of zul hidjjah until the 13th day saying:

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ، لَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ اللَّهُ  
أَكْبَرُ، وَلِلَّهِ الْحَمْدُ

Allah is the Greatest, Allah is the Greatest, there is no deity (worthy of worship in all truth) but Allah, Allah is the Greatest, Allah is the Greatest, to Him all praise.

By stoning the steles, we say with each throw

الله أكبر

Allah is the greatest

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## En rentrant du Voyage

Add the following formula to the traveler's invocation on page 2

أَيُّبُونَ تَائِبُونَ عَابِدُونَ لِرَبِّنَا حَامِدُونَ

Here we are again, repentant, devoted and proclaiming the praise of our Lord.

May Allah accept our works, forgive our faults, bless our efforts, and grant us a good share in both worlds.

Peace and blessings of Allah be upon His noble Servant and Messenger Muhammad, and praise be to Allah, Lord of the universe.

Source: *Cameroonian pilgrim's guide Hadj, CAMWA - Pilgrim's Guide, CHTP, Hisnul Muslim*

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2024

# Stages of Hajj Tamattou'

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